

## “Stichting Tabora”

### The Reproductive Health and Aids Awareness Programme.

**Based in Ndala Hospital**

**P.O. Box 15 Ndala**

**Tabora**

**TANZANIA**

### Report on the 13th year: January 2012 - December 2012.

#### Aim of the Programme:

To increase the knowledge about **human reproduction and the awareness of the importance of reproductive health** among the population in general, but especially among youth before leaving primary school and/or below the age of  $\pm$  15 years.

#### Programme Area:

**Puge Division ("Tarafa ya Puge")**, Nzega District ("Wilaya ya Nzega"), Tabora Region ("Mkoa") in Tanzania.

Estimated (extrapolated) population growth 3,6%: 155.650 people in the year 2012.

(The National Census of 2002 showed: 109.736 people) Results census 2012 not yet out.

**42 Villages ("Vijiji")** with altogether **40 Primary Schools, 10 Secondary Schools and 1 Teachers Training College (TTC)** are situated in Puge Division ("Tarafa ya Puge"). Puge Division lies within the boundaries of the Ndala RC Parish. Two Primary Schools (Ibelamelundi and Ibushi II) and one Secondary School (Idete) are in fact just outside Puge Division and lie in Isikizya Division but have always remained within the program area.

- The villages lie within a circle with a radius of about 30 to 50 km around Ndala Hospital.

- Mr. Theodori Kulinduka (Senior Clinical Officer) is the program coordinator and Mr. Amos Mashoba the driver/technical assistant.

- Each Primary School (class 6 and 7)/ Secondary School/Teacher Training College is offered **a series of 4 talks/lessons** about the following topics:

- 1. The human body and its growth towards maturity.**
- 2. Wanted and unwanted pregnancy / abortion.**
- 3. Sexually transmitted diseases, its consequences and prevention.**
- 4. Aids (= "Ukimwi" = 'Uharibifu wa kinga mwilini' = 'the destruction of the resistance of the body').**

- Audio-visual (Video's and DVD's) equipment with a small 2-stroke generator (with 'voltage stabilizer') and a life-sized anatomical dummy is used and transported in a Landrover 110 Defender (1993). In 2005 a 'beamer' (= digital data projector) has been purchased to replace the old small monitor. This beamer (data projector) gives a far larger picture for big audiences and can be connected to the (also new) DVD player or a computer for Power Point presentations. The old Landrover has been functioning rather satisfactorily in 2012, but broke down a few times and had to be repaired.

- The program coordinator may accept requests to give a talk/presentation on one of above topics to groups of interested people of all denominations and creeds outside the program area if transport costs and extra allowances for the team are borne by the requesting party.

## Schools in 2012

Primary Schools	av. att.	Secondary Schools	av.att.
<b>Budushi</b>	<b>86 (86)</b>	<b>Puge Secondary</b>	<b>74 (80)</b>
<b>Bugembe</b>	<b>45 (56)</b>	Kampala Secondary	-- (296)
<b>Busondo</b>	<b>91 (89)</b>	Tongi (Ndekeli) Secondary	-- (--)
<b>Chabutwa</b>	<b>93 (55)</b>	Mizibaziba Secondary	-- (65)
<b>Ibelamelundi</b>	<b>139 (--)</b>	Mitobo Secondary	-- (41)
<b>Ibushi I (North)</b>	<b>76 (62)</b>	Magengati Secondary	-- (133)
Ibushi II (South)	-- (--)	Budushi Secondary	-- (46)
<b>Ielamhina</b>	<b>86 (84)</b>	Mwakashanhala Secondary	-- (60)
<b>Ilokelo</b>	<b>28 (24)</b>	<b>Nkiniziwa Secondary</b>	<b>150 (99)</b>
<b>Inagana</b>	<b>98 (93)</b>	Idete Secondary	-- (--)
Isimba (Ndala)	-- (--)	<b>Total attendance:</b>	<b>210 (820)</b>
<b>Isunha</b>	<b>65 (54)</b>	<b>NDALA Teachers Training College (TTC)</b>	<b>-- (--)</b>
<b>Iyombo/(Itimo)</b>	<b>96 (--)</b>		
<b>Izinga</b>	<b>85 (--)</b>		
<b>Kakulungu</b>	<b>43 (69)</b>		
<b>Kaloleni</b>	<b>82 (116)</b>		
<b>Kampala</b>	<b>64 (62)</b>		
<b>Kigandu</b>	<b>75 (52)</b>	<b>Adult groups:</b>	<b>-- (--)</b>
<b>Kipugala</b>	<b>104 (103)</b>		
Kipungulu	-- (78)		
<b>Mabisilo</b>	<b>88 (131)</b>		
<b>Magengati</b>	<b>53 (65)</b>		
<b>Magukula</b>	<b>20 (14)</b>	<b>Total average attendance:</b>	<b>210 (--)</b>
Malucha	-- (105)		
<b>Mangashini</b>	<b>73 (69)</b>	Comments: - 34 (32) Primary Schools got the whole series of 4 lessons. - Secondary Schools and TTC should cover the subjects within their curriculum. - To visit all primary schools with the full series of lessons within one year puts quite a heavy strain on the aging teacher. This year he met several personal tragedies. - The old Landrover (1994) is often 'under repair' and therefore not always available.	
<b>Mbagwa</b>	<b>56 (48)</b>		
Mihama	-- (60)		
<b>Milambo Itobo</b>	<b>39 (70)</b>		
Mizibaziba	-- (108)		
<b>Mkuge</b>	<b>-- (43)</b>		
<b>Mtakuja</b>	<b>58 (--)</b>		
<b>Mwakashanhala</b>	<b>49 (36)</b>		
<b>Ndekeli</b>	<b>40 (127)</b>		
<b>Ngukumo</b>	<b>136 (175)</b>		
<b>Nkiniziwa</b>	<b>100 (119)</b>		
Tumbi	-- (103)		
<b>Uhemeli /Ndala</b>	<b>111 (--)</b>		
<b>Upungu</b>	<b>71 (--)</b>		
<b>Usagali</b>	<b>66 (90)</b>		
<b>Wita</b>	<b>86 (97)</b>	<b>Grand Total all individuals receiving teaching in 2012:</b>	<b>2885</b>
<b>Total of pupils that attended all lessons</b>	<b>2675 (2543)</b>	2011 > Data between brackets	(3363)

**Performance:** (some discrepancies between figures were unavoidable)

	<b>Km</b>	<b>Attendance Students Total</b>	<b>Male% Primary/ Secondary</b>	<b>Female % Primary/ Secondary</b>	<b>Groups addressed</b>	<b>school visits Primary/ Secondary</b>
<b>2012</b>	<b>8546</b>	<b>11859</b>	<b>42,4%</b>	<b>57,6%</b>	<b>--</b>	<b>136/4</b>
2011	7607	11584	46%/55%	54%/45%	0	128(13)
2010	7374	11450	46,9%	53,1%	0	162(41)
2009	7926	11751	53%/59%	47%/41%	0	169(45)
2008	9034	±13000	52,4%/57,5%	47,5%/42,5%	4	162 (46)
2007	7000	12909	6762	47,60%	5	174 (43)
2006	3517	8202	4205	48,70%	5	109 (29)
2005	7103	11180	5560	50,30%	32	166(41)
2004	6938	9394	4940	47,40%	41	143(39)
2003	7053	14247	7805	45.2%	83	76
2002	9143	15577	8058	48.3%	63	139
2001	8107	21311	12025	43.6%	207	56
2000 (half)	4288	7989	4233	47.0%	80	84

**Expenditure:**

<b>2012</b>	in Tanzanian shillings		<b>Expenditure 2012</b>	<b>BUDGET 2012****</b>	<b>Expenditure 2011</b>
<b>Program. Coordinator Salary + costs</b>	12 x 330.000/- p.m. + incidental allow/benefits		<b>4.290.000/-*</b> <b>1.700.000/-*</b>	4.000.000/-	3.630.000/-
<b>Driver/Assistant Salary + costs</b>	150.000/- pm + incidental allowances		<b>2.020.000/-*</b>	1.750.000/-	2.240.000/-
<b>Diesel / Patrol / Oil</b>	Diesel 10.0 Km/litre** + Petrol > generator		<b>2.450.880/-</b>	2.000.000/-	1.903.450/-
<b>Maintenance / Repairs/Insurance / miscellaneous **</b>	Service/ new tires/ repairs/ etc.		<b>1.770.200/-</b>	2.000.000/-	3.949.700/-
<b>Sub Total</b>			<b>12.231.080/-</b>	9.250.000/-	11.723.150/-
<b>Reservation for terminal benefits and gratuity of 2 employees</b>	End of program foreseen in 2014		<b>2.800.000/-</b>	4.500.000/- ****	1.300.000/-
<b>Deprec. Car**/New Equipment***</b>			--	1.000.000/-	--
<b>Total Tanz. shs.</b>			<b>15.031.080/-</b>	15.250.000/-	13.023.150/-
<b>Incidental Income</b>			--	pm	--
<b>Total in Euro ±</b>			<b>± € 7530.-</b>	± € 7500,- !!	± € 6.200.-

Per 31-12-2011: €1,00 = ± Tshs 2000/- = average in 2012. (Tshs 1865/- in 2010)

\* The salaries included this year the December 2011 salaries! Moreover the program coordinator asked for an advance on his estimated terminal benefits.

\*\* Average Diesel consumption was  $\pm 10$  km / litre, which is a very good performance. The price of diesel went up to  $\pm$  shs 2200/- per litre.

\*\*\* No new equipment has been bought through 2012.

\*\*\*\* We explicitly include here the proposed budget for 2012 to draw attention to the benefits and gratuities to which the coordinator and driver-assistant are entitled to at the end of their employment.

### **Conclusion:**

- 2012 has been satisfactory seen in the light of the personal tragedies in the life of the program coordinator and the fragile state of the 20-year-old Landrover with a mileage of 250.000 km mainly over unpaved roads. However 34 of the 40 primary schools have been visited for the full series of 4 lectures and two secondary schools.

- More than 2650 primary school leavers (in 2011: 2500) were confronted again with some very important facts of life. All depends on what they will do with this information. The programme did not reach adult villagers again this year. But they are not the main target of the programme and are presently receiving information from all kinds of other sources. Village Health Workers (VHW's) are taking over this task in the newly organised national care of the chronically sick (including HIV/AIDS). The media are playing an increasing role.

- The equipment remains a sensitive issue. In view of the termination of the program in 2014 (after a period of 14 years) an attempt will be made to keep the presently available means in working condition. New investments do not appear to be justified.

- The benefactors in the Netherlands (through STICHTING TABORA) and the dedicated work of several people lie at the basis of the achievements in 2012. A special word of thanks should go to them!

### **Future Developments:**

- The executive coordinator of the programme Mr. Theodori Kulinduka will reach the age of 73 in 2013. He might still be willing to continue with the lessons at the primary schools although it must be at slower pace. The programme has now supported the educational activities on the subject of reproductive health in primary schools for a full 13 years and time has come for the ordinary schoolteachers to take over. The program has to be terminated when the old Landrover (1993,  $\pm 250.000$  km) gives up.

- Because the program will definitely be terminated in 2014 it has been decided to give the coordinator and his assistant a "pension" (terminal benefits and gratuity) according to national guidelines in 2012. Part of these benefits is already given to the coordinator to buy more land.

- In Ndala Hospital a treatment clinic for Aids patients has been started in 2006 and has been expanded over 2012, together with the program PMTCT (Prevention Mother to Child Transmission). These national schemes are functioning ever better.

It is however important to stress those new possibilities of treatment should not reduce preventive activities! But these preventive activities and instructions directed towards the youth should be part and parcel of the curricula in primary and secondary schools throughout the country. Taboos still prevail.

===== G&G Joosten – Nienhuys, March 2013